Hope Blossoms

Everyone has hopes and dreams – things they would like to have, or to be, things they would like to do, or places they would like to go. Some hopes and dreams are small and could happen today; others are huge and may take a whole lifetime to reach. Some hopes and dreams feel impossible.

Christians often share their hopes and dreams with God. They might ask Him to help them find a way forward or keep going when they're finding it hard.

What do you hope for? Maybe it's a something that feels quite small, or maybe it's something that feels really big.

If you would like to, write a hope or dream onto the flower shape, as a prayer or a thought. Then fold the petals of the flower in towards the centre of the flower shape.

Carefully place your flower onto the water with the folded petals facing upwards. And now wait as it slowly unfolds.