Patience

Have you ever had to wait for something that you really wanted to happen? Sometimes we only have to wait a short time and other times it can be really long.
Do you find it easy or difficult to wait for things?

Christians believe it is good to have patience, to stay calm, to not rush. They ask God to help them when it is difficult to wait.

If you would like to, take one of the sand timers and turn it over. Watch as the sand trickles down and wait until all the sand has fallen to the bottom. Take some time to think or pray about trying to be more patient when you're in times of waiting.