Season Journey

Sometimes our lives can change and we go on a new journey, or on a different journey from what we were expecting. This is like the different seasons we have during the year. In the Autumn, leaves change colour, they fall to the ground and become part of the soil that helps the tree to grow in the Spring.

Often, Christians find comfort in knowing God is always loving and present in their lives, giving them strength, especially during times of change.

What new journeys are you starting? A new school? Friendship? Family? Something you want to make better or do more of?

If you would like to, write or draw something about what is changing for you onto an Autumn leaf as a prayer or reflection, and add it to the tree.