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# Others - Tiger

In this area we are thinking about other people who are going through a difficult time. Maybe they are sad or struggling. Maybe they are ill. How could we help those people? We might call that 'walking alongside someone'.

Christians believe that God is with us all the time and can help us and comfort us when we are sad.

We're going to use the stamp to make a bookmark. The heart represents the person we are thinking about or praying for and the paw print represents us as we walk alongside them in their sadness or pain and try to help them.

**If you would like to, use the stamp and then write the person's name inside the heart as your thought or prayer. While you are waiting for the stamp spend some time thinking about your person. Take away the bookmark to remind yourself of that person.**